



My 60+ Future-Proof Playbook

Health • Wealth • Knowledge • Freedom • Purpose



AGE
60+

Sep 2026 and beyond



MISSION

Live well, stay sharp,
remain independent,
and build a legacy.



PRINCIPLES

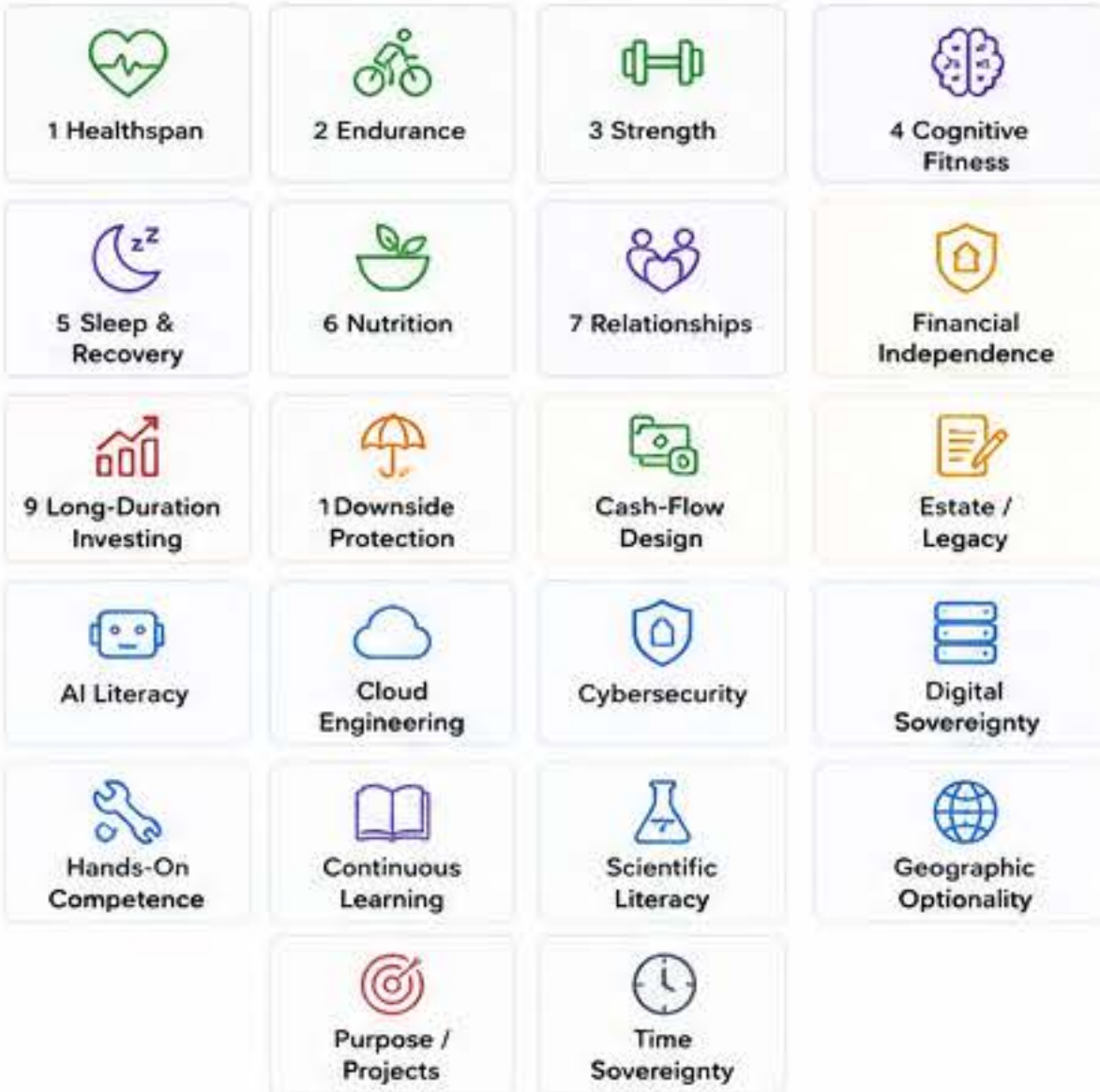
- Healthspan over lifespan
- Optionality over rigidity
- Compound everything
- Leverage technology



OPERATING SYSTEM

Build systems,
automate the routine,
focus on what matters.

★ 22 FUTURE-PROOF PRIORITIES

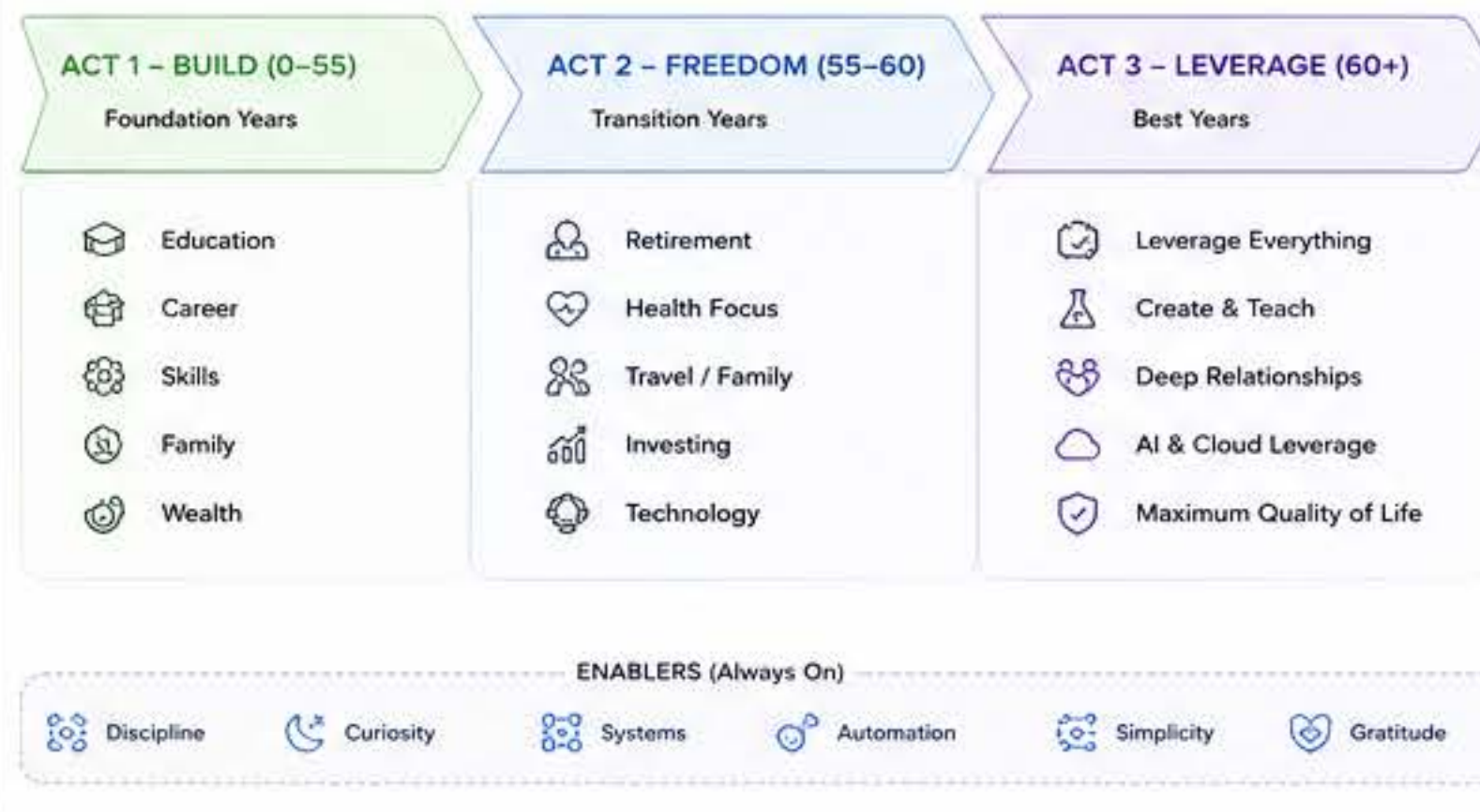


● Health ● Wealth ● Mind ● Technology ● Lifestyle

AGE 60+ MASLOW PYRAMID



LIFE ROADMAP: ACT 1 → ACT 2 → ACT 3



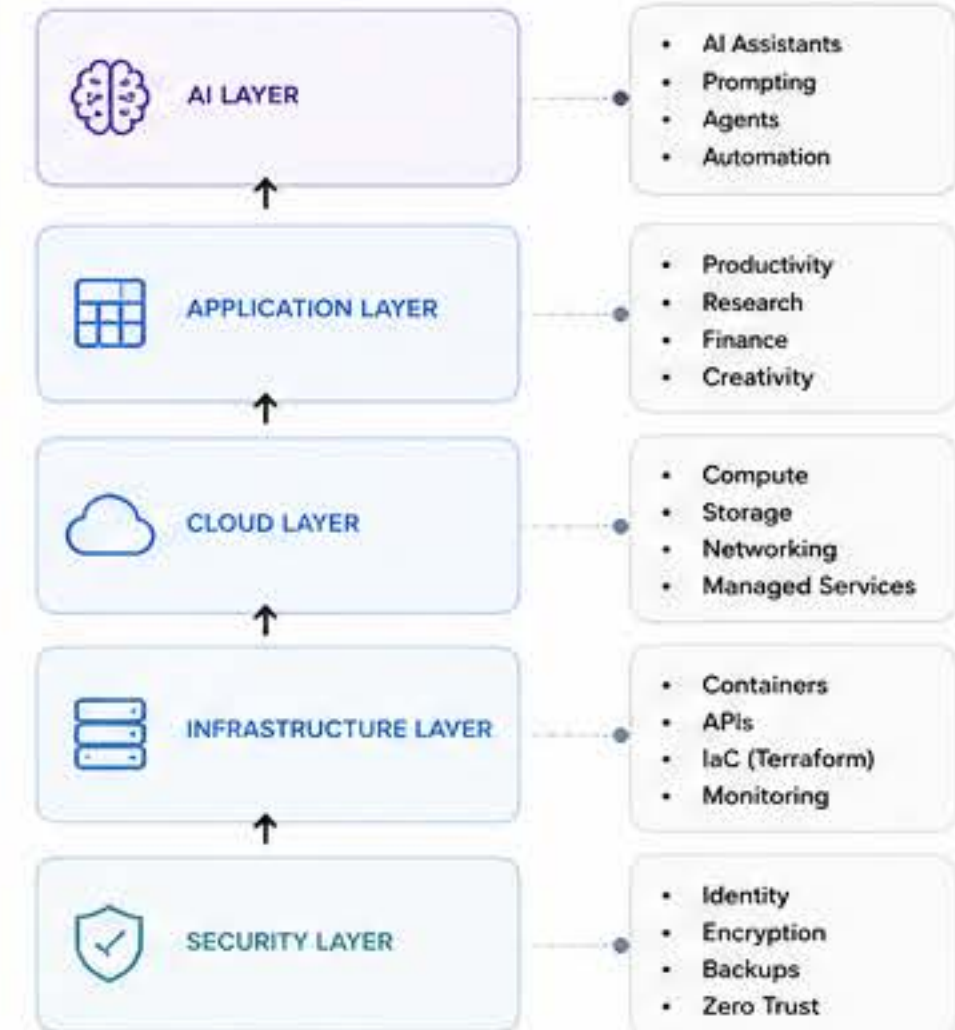
CASH-FLOW ENGINE



MY DAILY SYSTEM



AI + CLOUD LEVERAGE STACK



GEOGRAPHIC OPTIONALITY



FUTURE-PROOF CHECKLIST

- ✓ Health foundation strong
- ✓ Financial plan stress-tested
- ✓ Estate plan up to date
- ✓ AI & tech skills growing
- ✓ Projects bringing joy
- ✓ Relationships nurtured
- ✓ Location optionality ready
- ✓ Purpose clear



THE NORTH STAR

Freedom is not having more choices.
Freedom is having the right choices.



Stay curious



Stay healthy



Stay independent



Stay generous



Stay humble



Keep building



Keep enjoying