



LIFE BEYOND 60

THE ADAPTIVE OPERATING SYSTEM

Stay strong. Stay curious. Stay independent. Keep building.



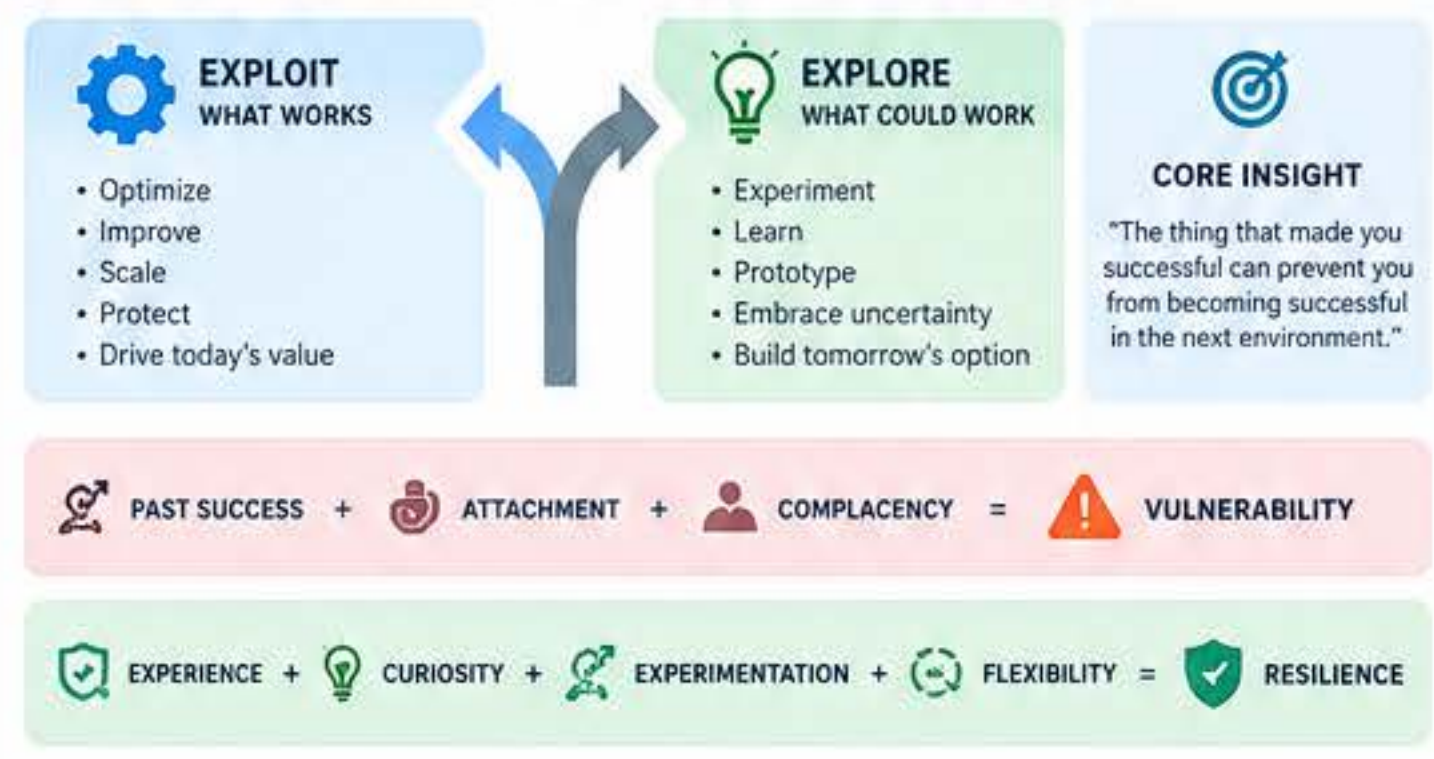
WHO I AM

A COMBINATION THAT SHAPES MY NEXT CHAPTER



THE INNOVATOR'S DILEMMA

THE VERY THING THAT MAKES YOU SUCCESSFUL CAN MAKE YOU VULNERABLE



22 REAL-WORLD EXAMPLES OF DISRUPTION

DIFFERENT INDUSTRIES. SAME PATTERN.



22 GUIDELINES FOR LIFE BEYOND 60

PRACTICAL PRINCIPLES FOR A HEALTHY, MEANINGFUL, AND FULFILLING NEXT CHAPTER

