

From
Roots in the Philippines
to a Life Across the World
and Beyond

The Life I Built After the Life I Was Given

A MEMOIR OF WORK, FAMILY, REINVENTION, AND FREEDOM

Different Places • Many Chapters • One Journey • A Life Fully Lived

"A good life is
a journey, not a destination."

Freedom
Meaning
Legacy

PLACES CHANGE
PERSPECTIVE

EXPERIENCES
BUILD CHARACTER

CHOICES CREATE
OPPORTUNITIES

STILL
EXPLORING

THE 22 CHAPTERS

100 QUESTIONS. A LIFETIME OF STORIES.



KEY PILLARS OF THE MEMOIR



Family & Home

Roots, love, relationships, and belonging



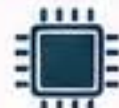
Migration & Cultural Journey

Leaving, adapting, bridging cultures



Military Service

Discipline, duty, and early life lessons



Semiconductor Career

Work, technology, impact, and professional growth



Marriage & Fatherhood

Partnership, parenthood, and family life



Endurance Sports

Cycling, swimming, resilience, and lifelong fitness



Financial Independence

Saving, investing, early retirement, and intentional living



Reinvention & Retirement

New identity, new rhythm, freedom to explore



Meaning & Purpose

Values, contribution, and what matters now



Legacy

Lessons, stories, and hopes for future generations

THE 100 QUESTIONS YOUR STORIES START HERE

- ✓ Childhood & early memories
- ✓ Family, friends & key people
- ✓ Education & formative experiences
- ✓ Mistakes, failures & lessons
- ✓ Career, work & professional growth
- ✓ Love, marriage & family life
- ✓ Challenges, loss & resilience
- ✓ Major decisions & turning points
- ✓ Places, travel & belonging
- ✓ Hobbies, passions & simple joys
- ✓ Identity, values & personal growth
- ✓ Success, money & freedom
- ✓ Wisdom, gratitude & meaning
- ✓ Legacy & future messages

10 MEMOIR TITLE PROPOSALS

- 1 The Life I Built After the Life I Was Given
- 2 Before I Knew the World, I Knew Home
- 3 A Life Measured in Miles
- 4 The Long Way to Freedom
- 5 A Life Beyond the Paycheck
- 6 Before and After the Crossing
- 7 The Man Who Kept Moving
- 8 From Survival to Self-Designed Life
- 9 The Chapters No One Could See
- 10 A Good Life, Deliberately Made

Ten powerful titles.
One remarkable
life story.
Which one
speaks to you?

"The best title
is the one that makes
the reader want
to know more."



THE MEMOIR CREATION WORKFLOW TURNING A LIFETIME OF EXPERIENCES INTO A MEANINGFUL BOOK



A CONTINUOUS JOURNEY OF REFLECTION, WRITING, AND GROWTH



WHY THIS MATTERS

- ✓ Preserve your story for future generations
- ✓ Turn experiences into wisdom
- ✓ Create meaning beyond professional titles
- ✓ Inspire family, friends, and future readers
- ✓ A deeper understanding of yourself
- ✓ Celebrate a life well lived



IS THIS THE FUTURE OF BOOK WRITING?

- ✓ A powerful partnership between you and AI
- ✓ Faster from idea to manuscript
- ✓ Deeper insight and better structure
- ✓ Helps identify themes and meaning
- ✓ Keeps your authentic voice and truth
- ✓ More people can tell their stories
- ✓ A new era of personal publishing



More Than
A Memoir



A CHILD



A LEARNER



A SOLDIER



A PROFESSIONAL



A HUSBAND



A FATHER



AN ENDURANCE ATHLETE



A BUILDER OF WEALTH



A RETIREE



A SEEKER



A LEGACY

The story
continues...