



The Airport Dream

A Threshold at 60 — Letting Go, Being More

A symbolic message from your subconscious on the eve of your 60th birthday

"I forgot my luggage. I retrieved it. Then I realized I forgot my wallet with all my identity cards. And then I woke up..."
— Your Dream (the day before your 60th birthday)

KEY CONTEXT



Turned 60 today



1 month until departure
Texas → Cebu



Watched Dane's Famous Last Words interview



You are always prepared and never forget stuff



Your subconscious is processing a major life transition

THE DREAM SEQUENCE

What happened in your dream, step by step.



SYMBOLS AND MEANINGS		
	Airport / Air travel	Transition between states (e.g., Texas → Cebu, or life → death).
	Checked in	The journey has already been authorized. A new chapter is underway.
	TSA PreCheck	Prepared, experienced, knows the procedure.
	Carry-on / Luggage	Possessions, responsibilities, plans, tools, memories, obligations.
	Wallet (identity cards)	Identity, who you are, proof of existence, access to institutions, your life's roles.
	Uncertain ending	Reflects the unknown of major transitions and the ultimate mystery of mortality.

LAYERED INTERPRETATION	
	1. Practical / Immediate - Reflects your upcoming Texas → Cebu travel. - Your mind is processing the logistics of departure. - Even the most prepared person can momentarily forget something.
	2. Psychological Transition - You're between chapters. What do I take with me? What do I leave behind? - You momentarily let go, then noticed and recovered — awareness. - The dream shifts the question from "Did I pack everything?" to "Who am I?"
	3. Identity and Letting Go - You no longer need to construct your identity. - The things you carried (luggage, wallet) may no longer be needed for your journey beyond 60. - You can simply be — no need to pack for another 30 years.
	4. Existential / Mortality - A symbolic rehearsal of the ultimate transition: life → death. - Possessions and worldly identity don't travel with you. - The dream ends at the threshold — the destination is unknown.

KEY INSIGHTS FOR YOUR NEXT CHAPTER	
	You are already checked in — the first 60 years are complete.
	You don't have to carry every burden anymore.
	You don't need to show or construct your identity.
	You don't need to pack for another 30 years.
	Move from doing and accumulating → to being and enjoying.
	Your children (RN, MD) are independent with their own paychecks.
	You are financially independent with enough resources for decumulation.
	You can live lighter, with less need for external validation.
	The unknown is not something to fear, but part of the journey.
	Every day is an opportunity to live intentionally.

YOUR LIFE CONTEXT (FROM OUR CONVERSATIONS)			
Turned 60 (Sept 9, 2026)	1 month until departure Texas → Cebu	Living in Cebu City (since 2021)	US-Filipino citizen
US Army 1992-1996 (including Korea)	Samsung Austin 23 years (1998-2021)	Retired at 55 (2021) Early retirement	MI in 2008 Stent 2008, 2010 No recurring events
Cycling 78,504 miles	Swimming 2,970 miles	Weight training Active & disciplined	Reading, blogging, homelab, tech, DIY, HAM radio, automation

FAMILY AND LOVED ONES	
Married 35 years Wife (SB) retired RN	Daughter (RN) Living in Round Rock, TX
Son (MD) Completed residency Now in Hernando, FL	You trained them about living well since birth

FINANCIAL OVERVIEW		
\$1.5M Wife's 401(k)	\$175k in Technology ETF (FTEC)	Invests in one Technology Index ETF forever
Paid-off house Round Rock, TX	Marco Polo Condo Cebu (Tower 3, 27th fl) Fully paid (P20N / S330k)	Mandani Bay (preselling) 10-yr loan @ 6.5% P182,452/month (~\$3k)

YOUR 60+ OPERATING SYSTEM			
Be, not do.	Live intentionally.	Health, fitness, and longevity.	Learn and explore.
Maintain your homelab and tech projects.	Gravel cycling, swim, stay active.	No travel pressure. Default answer is "no".	Simplify and declutter.
Enjoy what you have built.	Leave a positive legacy.		



REFLECTION QUESTIONS	
	- What do I truly need to carry forward into the next chapter? - What can I let go of? - Who am I beyond my roles, possessions, and identity cards? - Am I living in alignment with what matters most? - What kind of legacy do I want to leave?

A FINAL THOUGHT	
	You don't have to pack for a life you already know how to live. At 60, the journey isn't about carrying more. It's about discovering what you can finally put down.