

Audience-Free (AF) Living After 60

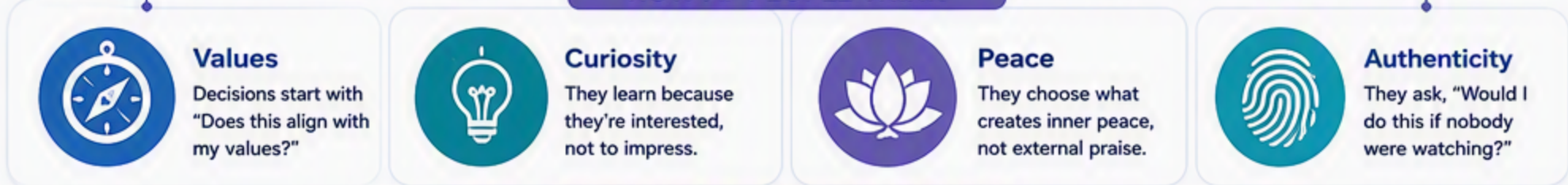
DEFINITION

Live by values, not by audience approval.

7 PSYCHOLOGICAL PILLARS



HOW AF PEOPLE THINK



HOW AF PEOPLE BEHAVE



22 EXAMPLES OF AUDIENCE-FREE LIVING



22 GUIDELINES

